



Anderson Park District

Anderson Parks Protocols for COVID-19 Exposure

Protocols are based on recommendations by the Centers of Disease Control and Prevention, Ohio Department of Health and Hamilton County Public Health. Anderson Park District (APD) protocols are intended for staff, coaches, officials and instructors.

CLOSE CONTACT (exposure) with any individual who tested positive for COVID-19:

Close contact = anyone who was **less than 6 feet away from an infected person for 15 minutes or more over a 24-hour period**. The date of your exposure is considered day 0.

NO SYMPTOMS of COVID-19:

- VACCINATED + booster: Does not need to quarantine. Should wear a mask around others for 10 days and get tested at least 5 days after exposure.
- UNVACCINATED: Quarantine and monitor for symptoms for 5 days (day 0 through day 5). Wear a well-fitting mask when around others. Test at least 5 days after exposure.
 - Negative Test – leave quarantine, continue to wear mask for 5 additional days.
 - Positive Test – Isolate for 5 days after confirmation of positive test.

After stopping quarantine, individuals should:

- Watch for symptoms until 10 days after exposure.
- If symptoms develop, immediately self-isolate and contact your local public health authority or healthcare provider.
- Wear a mask, stay at least 6 feet from others, wash your hands, avoid crowds, and take other steps to prevent the spread of COVID-19.

SYMPTOMS of COVID-19: Any person with symptoms of COVID-19

- Isolate. Stay home and inform the appropriate APD contact or supervisor.
- Get tested immediately and isolate until you receive your results.
- Determine the date when symptoms started.

POSITIVE CASE of COVID-19: Any person who tests positive for COVID-19 must:

- Notify APD supervisor or contact immediately.
- POSITIVE = Isolate.
 - You can end isolation after 5 full days if you are fever free (w/o use of fever-reducing medication) and other symptoms have improved.
 - Continue to wear a well-fitting mask for 5 additional days.

Day 0 = first day of symptoms. Day 1 = first full day after your symptoms develop. You can leave isolation after 5 full days.